

OVERVIEW OF BENEFITS FOR CHECK-UPS UNDER COMPLETA PRAEVENTA AND OPTIMA SUPPLEMENTARY INSURANCES.

Benefits for medical and gynaecological check-ups defined in GIC/SC

A check-up is defined as a preventive medical exam to assess the general physical and mental state of a symptom-free individual. The systematic use of various diagnostic procedures can help to detect diseases at an early stage.

BENEFITS

- › SWICA covers the costs of the SWICA-recognised check-ups and consultations listed below, provided that they are administered by approved doctors or hospitals in Switzerland.
- › SWICA covers the cost of check-ups from its COMPLETA TOP and OPTIMA supplementary insurances that are not covered under mandatory health insurance (OKP).
- › COMPLETA PRAEVENTA insurance reimburses 90% of costs, up to 500 francs, within a period of three calendar years.
- › OPTIMA insurance covers the costs that exceed this amount (less the 10% deductible).

SERVICE	CONDITIONS/EXPLANATIONS
BLOOD LIPIDS	Cardiovascular disease, smokers, high cholesterol, high blood pressure
BLOOD SUGAR	Diabetes, overweight, sedentary lifestyle
CHLAMYDIA SCREENING	
COLONOSCOPY	For individuals aged 50 to 75
DERMATOLOGICAL EXAM	More than 50 moles, noticeable changes in the skin, relatives with stage 1 melanoma or skin cancer
GENETIC CONSULTATION AND ANALYSIS	From age 30 if there is a family history of breast cancer
HEARING AND VISION TEST	From age 65
VACCINATIONS NOT INCLUDED IN THE SWISS VACCINATION PLAN, VACCINATION CONSULTATION	
SMALL BLOOD COUNT	

SERVICE	CONDITIONS/EXPLANATIONS
BONE DENSITY MEASUREMENT	(Former) anorexia, low BMI, cortisone therapy, nicotine/alcohol consumption, frequent bone fractures, vitamin D deficiency
PHYSICAL EXAMINATION (E.G. HEIGHT, WEIGHT, BMI), BLOOD PRESSURE MEASUREMENT	
LUNG CT SCAN	(Former) smokers aged 55 to 80
MAMMOGRAM	For women with a family history of breast cancer, from age 30; for women with a hereditary risk, from age 40 (every two years)
INTERVIEW OR CONSULTATION ON HEALTH	
PAP SMEAR	For women aged 21 to 70
PSA SCREENING	Men aged 50 and over
SMOKING CESSATION CONSULTATION	For smokers
PRE-NATAL CARE NOT COVERED BY MANDATORY BENEFITS	
SPIROMETRY/LUNG FUNCTION TEST	Smokers aged 55 and over
STOOL TEST	For individuals aged 50 to 75
ULTRASOUND SCREENING FOR AORTIC ANEURYSM	(Former) smokers or individuals aged 65 and over
ABDOMINAL ULTRASOUND FOR WOMEN	Mother or sister with ovarian or breast cancer
EXAMINATION OF EYE PRESSURE, BACK OF THE EYE AND FIELD OF VISION	

Note: SWICA does not participate in flat-rate check-up offers. A detailed list of the benefits provided and the individual costs is generally required. If you are interested in a flat-rate offer, please contact SWICA customer service in advance. We would be happy to answer any questions you have regarding your insured benefits.

This list is not exhaustive and can be modified by SWICA without notice at any time.

Do you have any other questions about which check-ups we cover? We would be happy to help.

THERE FOR YOU, 24 HOURS A DAY, 365 DAYS A YEAR.

Phone 0800 80 90 80 / swica.ch

