



## FLU VACCINATION

# PROTECT YOURSELF AND OTHERS.

The annual flu vaccination not only protects staff against infection and illness, but it also protects their home and work environments. The flu vaccination also reduces the risk of potential complications. The workplace flu vaccination campaign runs from mid-October to mid-December every year.

### Target group

- › All employees
- › Especially recommended for medical/nursing staff, day-care centre staff and nursery staff

### Objectives

- › Reduce flu-related absences and their costs.

### Content

- › Information about flu vaccination
- › Vaccination
- › Optional presentation or webinar

### Method

- › Written consent of attendees
- › Injection into the upper arm muscle

### Carried out by

- › Doctor
- › Medical practice assistant, certified nurse or pharmacist
- › This service is offered in cooperation with a medical partner.

### Number of attendees

Depending on the size of the organisation, we recommend:

- › Up to 200 employees or multiple company sites: voucher in pharmacy
- › 400 or more employees: administered on company premises
- › Experience shows that 10% to 15% of staff take part in the workplace flu vaccination campaign.

### Duration

- › Between 5 and 15 minutes per person

### Location

- › At the company or as agreed
- › Administered at partner pharmacies in return for a voucher

SWICA's Prevention Management unit aims to reduce absences, increase the potential for better health and improve the wellbeing of employees through health-related measures.

THERE FOR YOU, 24 HOURS A DAY, 365 DAYS A YEAR.

Phone 0800 80 90 80 / [swica.ch/prevention-management](https://www.swica.ch/prevention-management)

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