



HEALTH CIRCLE

OCCUPATIONAL HEALTH MANAGEMENT FROM SWICA.

BECAUSE HEALTH
IS EVERYTHING

SWICA



Health Circle

Solutions proposed by the workforce

The idea behind Health Circles is to promote the good health of all employees. It is an ideal tool for involving employees in the solution-finding process and thereby strengthening their personal responsibility and initiative. Employees from various levels, departments and locations within the company work together to devise health promotion measures which they then present to the company's decision-makers for review. If the measures are implemented, the outcomes are evaluated and the situation is reassessed with a view to planning the next steps.

Target group

- All employees

Goals

- Motivated employees from a range of units and levels analyse the situation in terms of the resources and stresses present within the company
- Together with a specialist, the employees use their knowledge of the company to devise health promotion measures which they present to management
- This encourages participation, initiative and personal responsibility on the part of employees

Contents

- Collection, analysis and evaluation of health-related factors (stresses and resources) and working conditions
- Development of relevant measures and presentation of these to management

Method

- Circle
- Workshop

Implementation

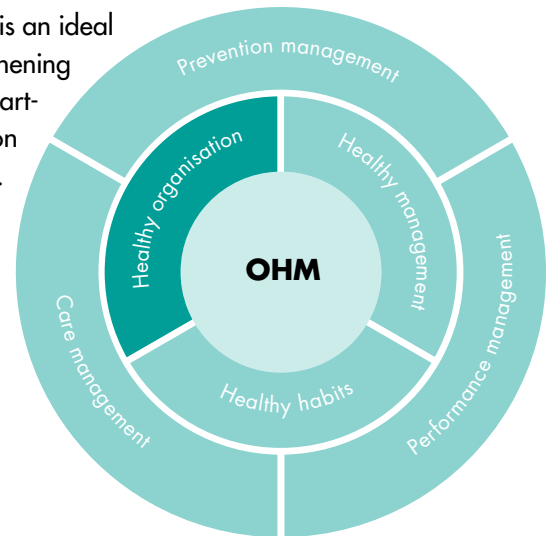
- Prevention Management specialist

No. of attendees

- Up to 15 people

Location

- On the company's premises or by arrangement



Tip

The "Health Circle" module can be combined with the following SWICA offerings:

- Presence and absence management
- Employee survey

SWICA Healthcare Organisation

Because health is everything

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