



OPTIMA

The comprehensive addition
for higher demands.

Comprehensive and generous. OPTIMA from SWICA.

OPTIMA offers worldwide private outpatient cover with special extras designed for those with higher demands. It offers additional benefits above and beyond those provided by SWICA's mandatory healthcare insurance and the supplementary COMPLETA TOP and COMPLETA PRAEVENTA plans.

- Full cover for conventional outpatient treatment at the private insurance rate – worldwide
- Full cover in addition to COMPLETA TOP for outpatient complementary treatment by therapists recognised by SWICA
- Up to 800 francs for exercise, nutrition and relaxation programmes (e.g. fitness centre, nutritional advice, yoga and many sports associations) per calendar year
- Up to 500 francs for glasses and contact lenses every three calendar years
- 90% of the cost of vaccinations and medical check-ups to identify illness at an early stage
- Generous benefits for spa and convalescence treatment, home help and medical aids