

OPTIMA

THE COMPREHENSIVE
ADDITION FOR
HIGHER DEMANDS.

BECAUSE HEALTH
IS EVERYTHING

SWICA

Comprehensive and generous. OPTIMA from SWICA.

OPTIMA offers worldwide private outpatient cover with special extras designed for those with higher demands. It offers additional benefits above and beyond those provided by SWICA's mandatory healthcare insurance and the supplementary COMPLETA TOP and COMPLETA PRAEVENTA plans.

The benefits at a glance



Full cover for conventional outpatient treatment at the private insurance rate – worldwide



Up to 500 francs for glasses and contact lenses every three calendar years



Full cover in addition to COMPLETA TOP for outpatient complementary treatment by therapists recognised by SWICA



90% of the cost of vaccinations and medical check-ups to identify illness at an early stage



Up to 800 francs or exercise, nutrition and relaxation programmes (e.g. fitness centre, nutritional advice, yoga and many sports associations) per calendar year



Generous benefits for spa and convalescence treatment, home help and medical aids