

# SWICA

Optima

The comprehensive  
addition for  
higher demands

# Comprehensive and generous: Optima from SWICA

Optima outpatient insurance is an ideal complement to Completa Top and Completa Forte outpatient insurance. You benefit from maximum contributions to glasses, contact lenses and health promotion and preventive measures. With Optima, you are also privately insured for outpatient treatment abroad.

## Vision aids

90% up to 300 francs for glasses and contact lenses every three calendar years



## Vaccinations

90% of the cost of inoculations and travel vaccinations



## Health promotion and preventive healthcare

90% up to 300 francs for preventive activities relating to exercise, nutrition and wellbeing per calendar year (e.g. fitness, sports clubs, dance classes, nutritional advice, swimming pools and saunas)



## Complementary medicine

Full cover\* of costs, in combination with our supplementary plans, for outpatient complementary treatments with therapists we recognise.



## Treatment abroad

Full cover for conventional outpatient treatment at the private insurance rate – worldwide\*



## Medical check-ups

90% of the costs for preventive medical check-ups to identify illness at an early stage



All the benefits at a glance: [swica.ch/optima](https://www.swica.ch/optima)

\*SWICA applies the statutory or contractually agreed co-payments to these benefits.