



OHM

OCCUPATIONAL HEALTH MANAGEMENT FROM SWICA.

BECAUSE HEALTH
IS EVERYTHING

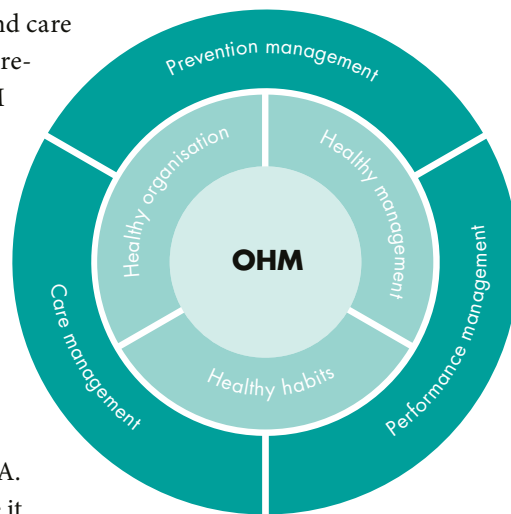
SWICA

OHM – the ideal addition to your insurance solutions from SWICA.

With Occupational Health Management (OHM), SWICA's objective is to prevent absenteeism and presenteeism, reinforce potential health factors, and improve the general wellbeing of employees. OHM combines all the measures aimed at preventing or reducing absences due to illness or accident. It ideally complements group healthcare insurance and accident insurance.

OHM covers prevention management, performance management and care management. Depending on your individual situation and requirements, SWICA can offer your business a comprehensive OHM concept or specific individual measures. Our specialists will provide effective support in either case. Based on your input, our specialists will develop an individual OHM concept that is tailored to your needs. This process breaks down into four overlapping components.

The result is as a comprehensive concept which fits your corporate culture and covers all aspects of occupational health management – from active prevention management and efficient performance management all the way to professional care management by SWICA. If you already have an absence management system, we can optimise it.



Analysis

A reliable data basis

- Company analyses
- Online assessments
- Analyses by SWICA



Controlling

A critical look at what has been achieved

- Evaluation meetings with managers
- Comparison of key figures from analyses



Development

Measures for long-term success

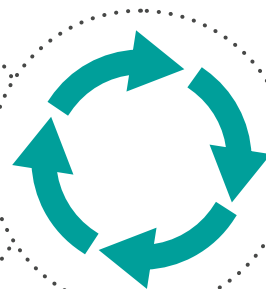
- Support in developing absenteeism / presenteeism management
- Service Level Agreement (SLA)



Implementation

Coordinated for everyone's benefit

- Implementation of prevention and reintegration measures



Convincing reasons that speak for occupational health management.

1 Increased employee satisfaction and loyalty



2 Healthier and more productive employees



3 Lower employee turnover rate



4 Fewer absences, lower costs, reduced indirect costs from absences



5 Lower insurance premiums



6 Outsourcing (reduced workload for HR)



7 Service Level Agreement (SLA)



8 Implementation of occupational preventive measures






9 Efficient benefit administration



10 Support for and long-term reintegration of employees who are ill or have had an accident



Overview of SWICA's OHM offering.

 Prevention management	 Performance management	 Care management
<p>Prevention management includes all measures for boosting health, safety and wellbeing at work and preventing absences.</p> <p>Advice</p> <ul style="list-style-type: none"> – Prevention concepts – Absence management <p>Presentations and workshops</p> <ul style="list-style-type: none"> – Absence management – Healthy corporate culture – Health circle – Stress – Burnout – Time management – Resilience – Nutrition – Exercise – Promotion of “Healthy through change” – 50+ and work – Night shift – Sleep – etc. <p>Medical services</p> <ul style="list-style-type: none"> – Health check-up – Ergonomics – SECO night shift examination – “Fit and vital” programme – Health day – Examinations on enrolment – Biofeedback training – HRV measurement – Flu vaccinations – santé24 telemedicine service – etc. 	<p>If an employee is absent because of illness or accident, SWICA's performance managers will handle the case.</p> <ul style="list-style-type: none"> – Personal meeting and advice – Examinations by a medical examiner – Assessment by phone – Care management – Customer visits 	<p>A care manager will look after insured persons who are sick or have had an accident until they are permanently reintegrated into work.</p> <p>At the professional level Coordinate measures with employers for long-term integration of employees into work</p> <p>At the insurance level Coordinate measures with private and social insurers, public-sector bodies and pension funds</p> <p>At the medical level Coordinate measures with attending physicians and medical network partners</p> <p>At the social level Coordinate assistance planning by involving family members, friends and network partners</p>

SWICA – preferred partner of the Swiss Foundation for the Promotion of Health



JOB-STRESS-ANALYSIS

Job-Stress-Analysis provides you with a detailed overview of the stress factors in your business. SWICA offers you professional advice and support in working with this analysis tool.



The Friendly Work Space quality label distinguishes a company as a particularly friendly place to work and strengthens its position in the labour market. SWICA can help and support you in gaining this quality label.

SWICA Healthcare Organisation

Because health is everything
Phone 0800 80 90 80 (24 hours a day), swica.ch

