



OHM

OCCUPATIONAL HEALTH MANAGEMENT FROM SWICA.

BECAUSE HEALTH
IS EVERYTHING

SWICA

THIS IS HOW SWICA'S OCCUPATIONAL HEALTH MANAGEMENT WORKS.

Occupational health management (OHM) from SWICA is the expression of a modern strategy. The objective is to prevent absenteeism and presenteeism, reinforce potential health factors and improve the general wellbeing of employees. OHM has three areas and three spheres of activity.



AREAS

PREVENTION MANAGEMENT

Prevention management includes all measures for boosting health, safety and wellbeing at work and preventing absences.

PERFORMANCE MANAGEMENT

If an employee is absent because of illness or accident, SWICA's performance managers will handle the case.

CARE MANAGEMENT

A care manager will look after insured persons who are sick or have had an accident until they are permanently reintegrated into work.

ACTIVITIES

HEALTHY ORGANISATION

- › Promote corporate culture
- › Preserve and optimise performance
- › Reduce absences

HEALTHY MANAGEMENT

- › Strengthen management skills
- › Strengthen self-management

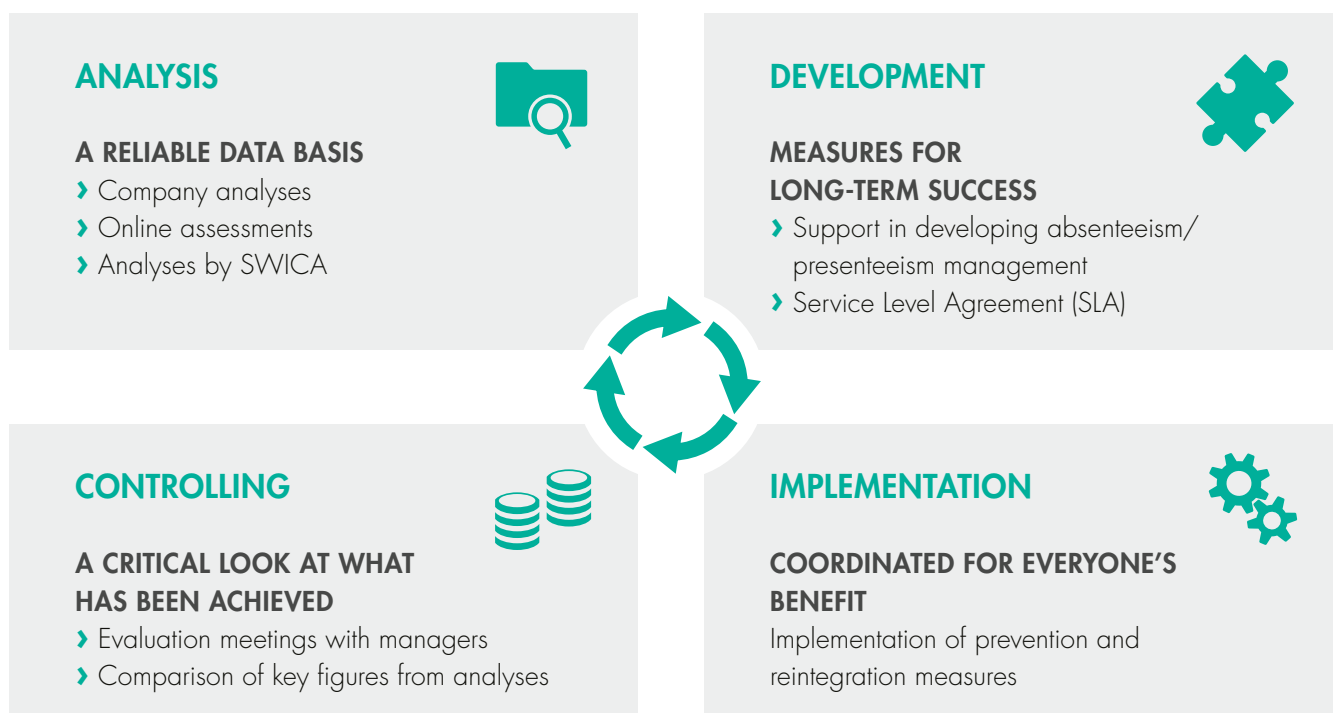
HEALTHY HABITS

- › Strengthen health awareness
- › Strengthen personal competence

A COMPREHENSIVE OHM PROGRAMME OR TARGETED INDIVIDUAL MEASURES.

SWICA's occupational health management programme brings together all the measures aimed at preventing or reducing absences due to illness or accident. It ideally complements group healthcare insurance and accident insurance.

OHM covers prevention management, performance management and care management. Depending on your individual situation and requirements, SWICA can offer your business a comprehensive OHM concept or specific individual measures. Our specialists will provide effective support in either case. Based on your input, our specialists will develop an individual OHM concept that is tailored to your needs. This process breaks down into four overlapping components. The result is as a comprehensive concept which fits your corporate culture and covers all aspects of occupational health management – from active prevention management and efficient performance management all the way to professional care management by SWICA. If you already have an absence management system, we can optimise it.



THIS IS HOW WE SUPPORT YOU IN YOUR OCCUPATIONAL HEALTH MANAGEMENT.

PREVENTION MANAGEMENT

Prevention management includes all measures for boosting health, safety and wellbeing at work and preventing absences.

ADVICE AND ANALYSIS

Analytical tools are used to identify suitable goals and define appropriate measures.

PRESENTATIONS, WORKSHOPS AND WEBINARS

Whether it's about nutrition, exercise, resilience or leadership training, our experienced specialists provide these offers at the customer's premises.

MEDICAL AND HEALTH-PROMOTING SERVICES

SWICA works with long-standing network partners to provide a wide range of medical services that can be delivered directly at the customer's premises.

PERFORMANCE MANAGEMENT

If an employee is absent because of illness or accident, SWICA's performance managers will handle the case.

FINANCIAL SECURITY

Financial security in the event of incapacity for work due to illness or accident

MONITORING AND COORDINATION

- › Administrative processes, including obtaining powers of attorney/setting up IV registrations
- › Coordination with other insurers (IV, pension funds, etc.)

PERSONAL ADVICE

Rapid influence on the care and treatment pathway:

- › Initial assessment by phone
- › Speedy and efficient information-gathering
- › Regular phone-based progress meetings

COMPETENCE CENTRE CLARIFICATIONS

- › On-site clarification of the situation and/or circumstances

MEDICAL NETWORK

- › Selection of the optimal treatment pathway
- › Assessment of incapacity for work
- › Prognoses and appropriateness of modified activities

CARE MANAGEMENT

A care manager will look after insured persons who are sick or have had an accident until they are permanently reintegrated into work.

AT THE PROFESSIONAL LEVEL

Coordinate measures with employers for long-term integration of employees into work

AT THE INSURANCE LEVEL

Coordinate measures with private and social insurers, public-sector bodies and pension funds

AT THE MEDICAL LEVEL

Coordinate measures with attending physicians and medical network partners

AT THE SOCIAL LEVEL

Coordinate assistance planning by involving family members, friends and network partners

GOOD TO KNOW

CONVINCING REASONS FOR OCCUPATIONAL HEALTH MANAGEMENT.

Increased employee satisfaction and loyalty



Outsourcing (reduced workload for HR)



Healthier and more productive employees



Service Level Agreement (SLA)



Lower employee turnover rate



Implementation of occupational preventive measures



Lower insurance premiums



Efficient benefit administration



Fewer absences, lower costs, reduced indirect costs from absences



Reintegration of employees who are ill or have had an accident



Find out more about occupational health management: swica.ch/ohm

FRIENDLY WORK SPACE | JOB-STRESS-ANALYSIS

Job-Stress-Analysis provides you with a detailed overview of the stress factors in your business. SWICA offers you professional advice and support in working with this analysis tool.



The Friendly Work Space quality label distinguishes a company as a particularly friendly place to work and strengthens its position in the labour market. SWICA can help and support you in gaining this quality label.

THERE FOR YOU, 24 HOURS A DAY, 365 DAYS A YEAR.

Phone 0800 80 90 80 / [swica.ch](https://www.swica.ch)

