# CARE MANAGEMENT

# EMPATHETIC AND TARGETED. CARE MANAGEMENT FROM SWICA.

SWICA care managers support and assist your incapacitated employees with the aim of reintegrating them into work for the long term. SWICA Care Management can also be used in a preventive manner to keep employees from missing work.

## OPTIMUM TREATMENT AND SUCCESSFUL REINTEGRATION INTO WORK

- > Early and sustainable prevention of (long-term) absences
- > Prevention of disability
- > Optimisation of medical treatment
- > Reduced cost of absences and financial burden on the pension fund
- > Retention of valuable expertise

### REINTEGRATION SAVES COSTS AND SECURES EXPERTISE

SWICA care managers will look after your incapacitated employees with the goal of reintegrating them into work again permanently, thus preventing disability. Care managers also rely on the special expertise of medical network partners and collaborate with all partners involved in the process. For example, they will work with your line and HR managers to plan specific aspects of work for the immediate time when the person returns to work. Doing so helps your company gain financial advantages and retain valuable expertise.

#### **FINANCIAL BENEFITS**

Using care management benefits your company in a number of ways. Employees who are ill or have had an accident will be able to resume work more quickly, which will reduce the cost of the absence. Furthermore, every prevented disability will relieve your pension fund from having to make large pension payments.



## CARE MANAGEMENT IN PRACTICE – RETURNING TO WORK IN A ROUNDABOUT WAY

#### SUPPORT FROM SWICA CARE MANAGEMENT

S.\* (aged 52) has held a management position in a company for many years. He also suffers from depression and has been unable to work recently. A SWICA care manager has been asked to help, and his employer is looking for ways for him to resume work after a hospital stay. The economic situation, however, makes it impossible to approve a new position, and S. loses his job.

#### WORKING WITH ALL PARTIES INVOLVED

The care manager contacts the disability insurer and arranges for external coaching sessions. Working with the coach gives S. a new outlook on things, and he regains some capacity for work. Together with the regional employment centre, the care manager helps him to apply for a job at another company. After S. completes his internship, he receives a job offer from his former employer.

#### WORK-LIFE BALANCE

The coaching sessions taught S. to maintain boundaries better and keep an eye on his work-life balance. S. has now fully regained his capacity for work in a new job with different responsibilities and no management tasks – a successful outcome made possible by the use of social insurance services and the help of an external coach.

\*Name known to the editor

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