

A photograph of three people in a professional setting. On the left, a man in a grey sweater and blue checkered shirt looks towards the center. In the middle, a woman with grey hair, wearing a white button-down shirt, is smiling and gesturing with her hands while holding a blue pen. On the right, a man with a beard, wearing a grey lab coat over a red shirt, is looking at the woman. They appear to be in a meeting or discussion. The background is slightly blurred, showing what looks like a control room or office environment.

CARE MANAGEMENT

# OPTIMUM TREATMENT AND SUCCESSFUL REINTEGRATION INTO WORK.

BECAUSE HEALTH  
IS EVERYTHING

**SWICA**

# EMPATHETIC AND TARGETED. CARE MANAGEMENT FROM SWICA.

## **BEST TREATMENT AND SUCCESSFUL REINTEGRATION INTO WORK**

- › Early and sustainable prevention of (long-term) absences
- › Prevention of disability
- › Optimisation of medical treatment
- › Reduced cost of absences and financial burden on the pension fund
- › Retention of valuable expertise

## **REINTEGRATION SAVES COSTS AND SECURES EXPERTISE**

SWICA care managers will look after your incapacitated employees with the goal of reintegrating them into work again permanently, thus preventing disability. Care managers also rely on the special expertise of the Medbase Health Centres and SWICA partner practices in all matters relating to occupational medicine and collaborate with all partners involved in the process. For example, they will work with your line and HR managers in planning specific aspects of work for the immediate time when the person returns to work. Doing so helps your company gain financial advantages and retain valuable expertise.

## **FINANCIAL BENEFITS**

Reliance on care managers benefits your company in a number of ways. Employees who are ill or had an accident will be able to resume work more quickly, which will reduce the cost of the absence. Furthermore, every prevented disability will relieve your pension fund from having to make large pension payments.



## CARE MANAGEMENT IN PRACTICE – RETURNING TO WORK IN A ROUNDABOUT WAY

### SUPPORT FROM SWICA CARE MANAGEMENT

S.\* (age 52) has held a management position in a company for many years. He also suffers from depression and has been unable to work recently. A SWICA care manager has been asked to help, and his employer is looking for ways for him to resume work after a hospital stay. The economic situation, however, makes it impossible to approve a new position, and S. loses his job.

### WORKING WITH ALL PARTIES INVOLVED

The care manager contacts the disability insurer and arranges for external coaching sessions. Working with the coach gives S. a new outlook on things, and he regains some capacity for work. Together with the regional employment centre, the care manager helps him to apply for a job at another company. After S. completes his internship, he receives a job offer from his former employer.

### WORK-LIFE BALANCE

The coaching sessions taught S. to become more objective and keep a better work-life balance. S. has now fully regained his capacity for work in a new job with different responsibilities and no management tasks, a successful outcome made possible through the use of social insurance services and the help of an external coach.

\*Name known to the editor

THERE FOR YOU, 24 HOURS A DAY, 365 DAYS A YEAR.

Phone 0800 80 90 80 / [swica.ch](https://www.swica.ch)

